

弓道



REIHÔ YABUSAME KYÛDÔ

ÉTIQUETTE, ÉLÉGANCE ET RAFFINEMENT DANS LA POSTURE
ET LES GESTES DES ARTS TRADITIONNELS ÉCOLE OGASAWARA

Kiyomoto

OGASAWARA

Paris 2019

18 au 23 Août



COMITÉ NATIONAL DE KYÛDÔ
PLACES LIMITÉES RÉSERVATIONS OBLIGATOIRES PAR VOTRE CLUB





Kiyomoto

OGASAWARA

小笠原

大

GASAWA



Kiyomoto

Kiyomoto OGASAWARA

The Ogasawara family since 1187 maintains the tradition and manages the development of the etiquette rules at the courts of Shoguns and Emperors of Japan. One family protects and develops main written rules concerning the key elements that create a unique culture for the past 850 years.

The rules of *Reiho* (*the Etiquette*) had been created in order to codify examples of the appropriate behaviour and gestures to provide a clear and effective way to communicate important messages. These rules serve an important role in creating and maintaining relationships between people. These rules serve a role of a guidepost in the art of the conscious living. Conscious movement, precise gesture and appropriate composure of the body always express the harmony of the body, the mind and the spirit.

Our Guest will present the rules of *Reiho* that influenced various fields of the traditional culture: there will be an opportunity to experience the elements of the traditional Japanese archery (*Kyudo*), rules of the etiquette in budo and the art of the traditional behaviour at the table or preparing and handing gifts.

Each of the meetings will be an occasion for the personal development and growth, will serve as a source of information and inspiration both for the expert of the Japanese culture and the beginning passionate wishing to learn more. The series of seminar is designed for everybody who wants to experience more beauty, efficiency, precision and the unmet harmony of the movement.

Participants of the seminar will:

- Learn more on the historical background of the rules of the etiquette.
- Get a glimpse of the impact of the rules of the past on modern life in order to understand the Japanese better.
- Experience the influence of the etiquette rules on creating efficient communication between people.
- Practice Reihô
- Practice Kyudo.
- Discover ways to express the respect towards other people.
- And, simply – experience something beautiful.



| | | |
|----------------------|---|------|
| Sunday, August 18 | Reihô and Kyûdô Seminar– Day 1 for yondan and above | K2N* |
| Monday, August 19 | Arts and Kyûdô Seminar – Day 2 for yondan and above | K2N |
| Tuesday, August 20 | Conference on BUDO and Yabusame | K2N |
| Wednesday, August 21 | Reihô and Kyûdô Seminar: Day 1 for shodan to yondan | K2N |
| Thursday, August 22 | Arts and Kyûdô Seminar: Day 2 for shodan to yondan | K2N |
| Friday, August 23 | Reihô and Kyûdô Seminar: Day 3 for shodan to yondan | K2N |

* National Kyudojo of Noisiel

The cost for each day of seminar is 30 euros.

For more detailed **information and registration** please contact: presidence@kyudo.fr

